



February 18, 2006

## PRESIDENTS CORNER

It has been a winter wonderland so far this season as snow continues to fall, wave after wave, in Summit County. But no one is complaining after so many years of drought conditions. Your Board of Directors has been busy the last several months making changes which should have positive, long term impacts in our community.

In the past the community newsletter was prepared by Bob Polich and contained information that mostly concerned metro district issues. The Board decided that the newsletter was an opportunity to communicate things such as social events, covenant concerns, people news, maintenance tips, safety issues and other matters that might be of interest to owners. Carole Howard was kind enough to volunteer as coordinator for the newsletter and the Board unanimously voted to approve the change. Depending on input from owners, we are currently planning on two or three issues a year. Please call Carole at (970) 468-4773, or email her at [clhflowers@comcast.net](mailto:clhflowers@comcast.net) if you would like to share any news with your neighbors.

The Board also approved several measures that will help to improve the safety and appearance of Hamilton Creek: We are currently investigating a weed abatement program to stem the tide of noxious weeds that are starting to invade the parkways in our neighborhood.

You may have noticed the striping of some curves in the lower sections of Hamilton Creek Rd. In the spring we will be striping additional curves in an effort to keep traffic separated better, after learning of several near accidents. Many of the address signs need repainting and other maintenance work and this will be done in the summer.

There have been some issues recently with solicitors in the community. This is a special concern with respect to the number of second homeowners in Hamilton Creek. Accordingly, we will install a sign near the entrance to Hamilton Creek, making it clear

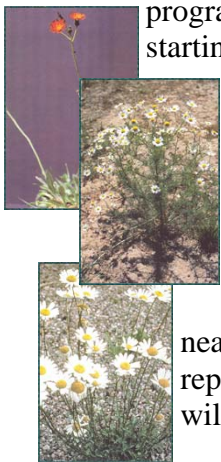
that our community is a private one and solicitation is not permitted. The last two years have seen a great deal of new residential construction activity in Hamilton Creek, which has uncovered some weaknesses in our Design Guidelines. The Architectural Control Committee, headed by Neil Christensen has been spending a lot of time updating the Design Guidelines to clarify architectural standards and put some teeth into enforcement, to better protect our neighborhood from contractor violations.

A "Covenant Compliance Committee" has taken over the job of neighborhood watch and notifications from Bob Polich. It was the Boards feeling that the community should take greater ownership of CC&R issues and enforcement. The intent and responsibility of this committee, like all other concerned communities that have adopted covenants, is to protect and enhance our neighborhood esthetics and values by adherence to our guidelines that we all agreed to when we purchased our properties. The new committee is comprised of three owners: Rob Hess, who is responsible for the upper reaches of the community down to the cabins; Jim Noble, who will be overseeing the cabins down to Stormwatch Circle, and Lowell Graves who will be looking after Stormwatch Circle to the bottom of our community. If you would like to report a violation (your name will remain confidential), please contact any of these individuals as follows:

Rob Hess: [rob\\_hess@comcast.net](mailto:rob_hess@comcast.net); (970) 262-2254  
Jim Noble: [jimnoble7@comcast.net](mailto:jimnoble7@comcast.net); (970) 468-4849  
Lowell Graves: [lrgaves@comcast.net](mailto:lrgaves@comcast.net); (970) 262-0800

We will use this newsletter forum to report some of the more common issues that have been brought to our attention. Some of the most mentioned infractions currently include: owners failing to clean up after their dogs in common areas and/or street ways; several homes need re-staining/painting; parking trailers, snow mobiles or other recreation vehicles in driveways; parking vehicles on streets; and leaving trash containers open and/or outside for days. Many of these infractions are not only unsightly but are safety issues as well.

You might also be interested to know that Roger Paluska organized a small committee of volunteers to



work on a new section of our trail system that runs adjacent to our namesake creek. It should be completed next summer and will provide an opportunity to experience a unique ecosystem right in our own backyard. Stay tuned.



In conclusion I would like to thank all of the neighborhood volunteers who have given so generously of their time in an effort to keep Hamilton Creek one of the most desirable communities in the Rockies.

### **TENFJORD: ASSETS TO OUR COMMUNITY**

On a recent visit to the charming Tenfjord residence, I was warmly welcomed by an affectionate kitty called Boss. Hoping to interview Kolbjorn for a little bio for our newsletter, I found myself being gently inspected, licked, stroked, and totally distracted by a loving, tail less cat whose friendly antics totally belie the fact that her owners believe her to be part lynx. Anyone who has ventured on to the Tenfjord property knows that



there are two more interesting cats (one of which can hold his own with the resident foxes) and a Jack Russell terrier who really didn't care whether I intruded on his space or not.

But after the extended feline welcome, I spent an interesting afternoon learning about our neighbor and friend whose dedication to the well being of Hamilton Creek has extended beyond even my perception of community service. But let me start back a little further.

I asked Kolbjorn what he would like to have us know about him and he responded, "Very little"; but I knew that once I got him to talk, we could learn much. Kolbjorn started by saying that he is nothing more than a "poor immigrant" who came to our country in 1961 on the last crossing of a ship named Bergensfjord out of Bergen, Norway. Born in Oerskog, Norway, but educated in Bergen, Kolbjorn went to college at the Norwegian School of Business Administration and Economics. The town of Bergen was actually started by a group of German Trading companies called the Hansa back in the 1500's. I understand that the Germans set up a trading post and built housing on the wharf that still stands today. As a result, Bergen has become an important port on the west coast of Norway. In 1961, after graduation, curiosity got the best of Kolbjorn and he obtained a green card with plans to travel to the United States and check us out. Work was not what was really on his mind, but a conservative uncle in Pittsburgh, Kansas where Kolbjorn landed had a different view of what a young college graduate should do in this country. "Get a job in Kansas City" the uncle said and obedient Kolbjorn ventured out to do just that. The Federal Reserve Bank said that he should live here for six months before they could hire him, but the City National Bank and Trust in K.C. did not have such rigid restrictions and hired him right away.

When you ask Kolbjorn what his first impression of the old USA was, he tells the story of his first days here when he went walking to acquaint himself with Pittsburgh, Kansas and passed a funeral home where (in January) they had painted the grass green. A strange sight to a young Norwegian, but a symbol of "green pastures" in this country. And green pastures it proved to be as Kolbjorn followed a friend to Gulf Oil Company after his first year of employment and spent his life's career in their employ in many interesting places in this world.

But if green pastures symbolized a successful career, it also held promise of a lovely young lady named Kathryn who was a secretary for Kolbjorn's genial boss at Gulf Oil. They met on the job and the rest is history, in spite of the fact that the boss warned Kathryn to be wary of foreigners. They were married in Kansas City and soon transferred to Houston where daughter, Marit was born. After a couple of years, the company sent Kolbjorn to Columbia in South America and their adventures began. A two year stint in Columbia and they were sent to Ecuador for a year and then New

Jersey. The next year he went to Del Mar, California and then back to Houston. Somewhere along the way, Peter was born, followed by Kari. And with three children in tow, off they went to live in London for six years. Kolbjorn's travels from his base in England took him pretty much everywhere in Europe and Kathryn and the children were lucky enough to accompany him on many occasions. In 1983, the family returned to Houston followed by a move to San Francisco in 1985 and a return to Houston in 1989. Wow! I don't know how Kathryn managed all those moves with 3 growing young children always having to be uprooted from their friends and schools. But the kids survived and apparently thrived on their exposure to so many different cultures and places.

And, I'm sure, before they hardly blinked an eye (it seemed) handsome young Peter was choosing to attend the University of Colorado in Boulder. Lucky for Tenfjords, the company offered an early retirement which was too good to resist and Kolbjorn and Kathryn came up to Colorado to look around for land in the hope of being near their son. A trip to Summit County found them in the Remax office in Frisco with 3 potential developments to see. Hamilton Creek was their last visit and their best. They bought three lots at the end of Nordic Trail and built a lovely home.

In 1998, they chose to sell that home and build another smaller home on a lot that Kolbjorn had acquired on Eagle Wings Trail. Kolbjorn was the general contractor and enjoyed every minute of the experience. He and Kathryn are avid gardeners, spending their time beautifying their little corner of paradise and always welcoming their neighbors with a glass of wine and a smile accompanying their invitation to sit and chat for a while. Among other things, Kathryn is an avid tennis and bridge player and fills her spare time with a part time job at Borders Book Store. Her knowledge on books and authors is vast, making her the "go-to" person at Borders when customers have questions. Kolbjorn, finding a little spare time of his own, is a ski instructor at A-Basin and a Realtor working at Prudential O'Brien & Associates Real Estate. And to anyone who has had the privilege of skiing or hiking with Kolbjorn, you know he usually leaves the younger folks in the dust!

Throughout their nearly 14 year residency here,

Kolbjorn has been active in our community, He volunteered to serve on the Homeowners Association Board very soon after coming to Hamilton Creek; and was elected president in 1995. At that time, he was instrumental in getting our gate constructed and he and Kathryn attend to the landscaping and decorating of the stone pillars to this day. During Kolbjorn's tenure, we were the very lucky recipients of natural gas.....no small feat in 1997. Kolbjorn spent a huge amount of his time visiting each resident of South Forty to convince them to opt for natural gas and then visited every resident and land owner of Hamilton Creek to gain the support he needed to get Public Service Company to agree to lay the gas lines. It was a monumental job. Kolbjorn also serves as a good watch dog on the Hamilton Creek Metro District Board and on the Architectural Review Committee.

We have all become accustomed to the fact that if we need to know anything about what is going on in our community, all we need do is call the gentle and soft spoken Norwegian at the end of Eagle Wings Trail. Questions are answered, advice is given, observations are made by a man with wisdom and understanding that far exceeds his assessment of himself as a "poor immigrant".

### **NAME OUR NEWSLETTER CONTEST**

In keeping with our policy of providing a newsletter for Hamilton Creek residents that involves you in every way, we have decided to hold a contest for the best name for our newsletter. The prize will be your featured name (and perhaps your featured picture) in our next newsletter!!! WOW!!! So please submit suggestions for a name for our newsletter and email to: [clhflowers@comcast.net](mailto:clhflowers@comcast.net). Judges will be myself, as editor, plus our Board of Directors. Other submissions that we welcome are ideas, newsworthy events (social or otherwise), pictures, questions for our President, Rob Hess, or letters to the editor. This publication will only be as interesting as you make it with your participation and contributions. So get out your digital cameras and put on your thinking caps and submit lots of stuff to make our newsletter interesting and informative!

### **Old Fashioned Remedy**

Here we are in the middle of February with another month and a half (minimum) of snow and cold ahead

of us and we are all suffering cabin fever with ample colds, stuffy noses, and such. The cold and flu bugs seem more intense than ever and our anti-bacterial, anti-viral medications are becoming ineffective. Well, my personal experience with a few old fashioned remedies has proven, once again, to be the best preventative. I will share them with those of you who have not heard me extol their virtues in person. My number one favorite is garlic...that's right...raw garlic. Besides fighting off vampires, garlic has marvelous anti-bacterial, anti-viral and anti-fungal properties. The secret is to catch your particular ailment in the very early stages when garlic is the most effective.

In our household, we finely chop a big fat garlic clove into fine pieces and dump all of the pieces in ½ cup of hot water. Notice I said “chop” not “crush.” Crushing makes the garlic flavor much too intense in the cup of water. Chopping and exposing the garlic to air releases allicin (the active ingredient), but allows you to swallow the small pieces with water as though they are a bunch of tiny pills. That, for us, is the quickest, least offensive way to down the stuff. It can also be mixed with applesauce or honey to make it more acceptable to your palate. If you take this remedy when you very first feel something coming on, I guarantee you will feel better in an hour. You can repeat the process twice a day until no longer needed, but we have never had to do it more than once or twice. The symptoms magically disappear.

Now being the old Italian that I am, I love the cure anyway; but it makes Gary feel a little queasy in his stomach. Never fear, I have another cure for the tummy ache. We call this cure “Enza’s Tea” named after our dear friend, Enza Gerace, who taught us the trick. It has been working on upset stomachs in this household for the past five years and has not failed us yet. Boil 1 bay leaf with ½ teaspoon of sugar in one cup of water for just a couple of minutes and drink like tea. This provides immediate relief for that old “yucky” feeling. I just automatically have Gary down the garlic with Enza’s Tea and we take care of both ailments at once. I’m now thinking about adding a drop or two of “Beano” to Enza’s Tea to take care of Gary’s other problem.

And last, but most important, is to drink copious amounts of water up here where we live. It is so easy

to dehydrate and we all tend to get busy and forget to drink water. Water flushes our systems, assists in maintaining a desirable weight, protects our skin and eyes from dryness, keeps a chronic cough at bay, and helps us to expel congestion. Six 8-oz glasses of water a day is bare minimum. Try for more. It’ll help keep our septic systems flushed.



The people who keep our road drivable have had a busy season this year. As evidenced by the picture, it has been a real challenge at times. This incident a few weeks back occurred when the plow went off the road into Karen Kovarak’s front yard. Several hours and much effort on the part of the crew finally resulted in extracting the plow from its precarious position six or seven hours after the fact!

#### **FOR YOUR INFORMATION:**

In our efforts to provide you with helpful information on local contractors, we are highlighting Mario Zieba in this issue of the newsletter. Many of you are already familiar with Mario and his services. For those of you who are not, perhaps you would be interested in the following: Mario Zieba came to the United States from Krakow, Poland in September 1981 with his wife, Ella. They have lived in Summit County since October 1981. They have two sons, Thomas and Robert. Mario established his own property maintenance business in 1985. For 20 years, now, he manages condominium complexes, commercial properties, and private homes around the county. Services include: security checks, hot tub/pool maintenance, landscaping, snow removal, painting, dry wall repair and many others. He has his business license, general liability insurance and hot tub/pool certification.

Mario’s number is (970) 389-2685

Email: [mariozieba@comcast.net](mailto:mariozieba@comcast.net)

#### **[Hamiltoncreek.org](http://Hamiltoncreek.org)**

Find out who is on the Metro District and HOA Boards...Design guidelines, Declarations & Bylaws and so much more!

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